Dear 7th Grade Families,

This school year your 7th grade student will receive human growth and development education as part of P.K. Yonge’s overall health education curriculum in May 2023. Topics will include:

Session One:
- Puberty

Session Two:
- The reproductive systems and fertilization
- Menstruation, pregnancy, and birth
- Health risks associated with sexual activity and prevention methods

Session Three:
- Decision making
- Consent, abuse, and harassment
- Identity
- Finding reliable sources of information

You may click the links to see all slides, worksheets, and readings used. If you have any additional questions, you are welcome to follow up with Mrs. Still, your student’s science teacher (rstill@pky.ufl.edu).

Students will participate in one day of human growth and development lessons. Students will be attending three sessions.

Parents/guardians have the option of excluding their student from any session of human growth and development instruction. If this is the case with your students, please fill out the exclusion form below and send it to your student’s science teacher at rstill@pky.ufl.edu. Students who are excused will be assigned independent activities.

Sincerely,

The 7th Grade Team

**OPT-OUT OPTION ONLY**

I wish for my child, ____(please record the child's name here), to be excused from the following session(s) of the unit: ____ (please list session 1, 2, and/or 3 here).

Parent/Guardian Signature: _______________________________________