

Let science — and your heart — be your guide.

# Busting COVID-19 Vaccine Myths

Common questions and myths about the COVID-19 vaccine answered.

**1) Do I need to wear a mask after I am vaccinated?**

Yes! Keep masking and distancing!

**2) Am I immune as soon as I'm vaccinated? Can I still get COVID-19?**

After you are fully vaccinated, you should develop immunity in about one to two weeks. Therefore, it is possible to be infected with COVID-19 just before or just after vaccination and then get sick because the vaccine did not have enough time to provide protection. Importantly, vaccination protects against hospitalization and severe disease.

**3) Can I get COVID-19 from the vaccine?**

Nope! There is no live virus in the COVID-19 vaccine.

**4) Is one dose enough?**

It depends on which vaccine is available and provided to you. Although some immunity might be provided with the first dose of a two-dose vaccine (e.g., Moderna, Pfizer), the research used to look at how the two-dose vaccines worked shows they are effective with both doses completed, not just one. One dose is sufficient for a one-dose vaccine (e.g., Johnson & Johnson).

**5) The COVID-19 vaccines were developed quickly. Are they safe?**

No safety steps were skipped when developing the COVID-19 vaccines. The real-world evidence also shows that they are very safe!

**6) Can the vaccine track me?**

No. There is no tracking technology in the vaccine.

**7) Does the vaccine change my DNA?**

Nope! It teaches your cells how to recognize the virus and fight it, but it doesn't impact the part of our cells where DNA is found.

**8) Can the vaccine make me sterile?**

No.

**9) If I'm allergic to egg can I get the COVID-19 vaccine?**

Yes, you can take the COVID-19 vaccines currently available.

**10) Can the vaccine give me HIV?**

Nope. However, having HIV means you are at a higher risk for complications from COVID-19, and being vaccinated can reduce that risk.



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