

Substance Use and Abuse Health Education Implementation Plan



State Board of Education Rule:	6A-1.094122 Substance Use and Abuse Health Education
Name of the School District	UF Lab/P.K. Yonge DRS
Superintendent of the School District	Lynda F. Hayes, Director
Implementation Period: (MM/YY – MM/YY)	08/2019 – 06/2020
Submission Date to the Commissioner	On 12/1/2019 sent to SubstanceAbusePrevention@fldoe.org
Direct URL to the Implementation Plan as posted on the school district website	https://pk Yonge.ufl.edu/wp-content/uploads/2019/11/SubstanceUseAbuse_PKYonge_1920.pdf
School District Contact(s) for this Plan <i>(name and email address)</i>	Ashley Pennypacker Hill ahill@pky.ufl.edu

Select the specific subject area(s) of the courses in which instruction will be delivered:			
<input type="checkbox"/> Art – Visual Arts	<input type="checkbox"/> Experimental Education	<input type="checkbox"/> Peer Counseling	<input type="checkbox"/> World Languages
<input type="checkbox"/> Computer Education	<input checked="" type="checkbox"/> Health Education	<input checked="" type="checkbox"/> Physical Education	<input type="checkbox"/> Other
<input type="checkbox"/> Dance	<input type="checkbox"/> Library Media	<input type="checkbox"/> Research/Critical Thinking	
<input type="checkbox"/> Drama – Theatre Arts	<input type="checkbox"/> Mathematics	<input type="checkbox"/> Science	
<input type="checkbox"/> English/Language Arts	<input type="checkbox"/> Music Education	<input checked="" type="checkbox"/> Social Studies	
Select the qualification(s) of the instructors for the above courses:			
<input checked="" type="checkbox"/> Florida Certified Teacher			
<input checked="" type="checkbox"/> Community-based Expert			
<input type="checkbox"/> School Nurse			
<input type="checkbox"/> School Counselor			
<input type="checkbox"/> School Psychologist			
<input checked="" type="checkbox"/> Other			
Please explain the rationale for delivering the instruction in the courses selected above for each grade level.			
<p>K: At P.K. Yonge DRS all students receive a comprehensive physical education course each year in grades K-5. that includes a developmentally appropriate substance abuse education.</p> <p>1: At P.K. Yonge DRS all students receive a comprehensive physical education course each year in grades K-5. that includes a developmentally appropriate substance abuse education.</p> <p>2: At P.K. Yonge DRS all students receive a comprehensive physical education course each year in grades K-5. that includes a developmentally appropriate substance abuse education. Also for our 2nd graders, instruction in substance abuse prevention is provided in a face to face and experiential context through the RADKids program.</p> <p>3: At P.K. Yonge DRS all students receive a comprehensive physical education course each year in grades K-5. that includes a developmentally appropriate substance abuse education.</p> <p>4: At P.K. Yonge DRS all students receive a comprehensive physical education course each year in grades K-5. that includes a developmentally appropriate substance abuse education.</p>			

Substance Use and Abuse Health Education Implementation Plan



5: At P.K. Yonge DRS all students receive a comprehensive physical education course each year in grades K-5. that includes a developmentally appropriate substance abuse education.

6: In order to ensure each student receives appropriate substance abuse education we provide an hour long intensive module covering topics including but not limited to safety, school life, and substance abuse in our social studies classrooms. Additionally, students receive substance abuse awareness training provided through a University Police Department partner which includes information including but not limited to current trends, health impacts, and prevention. Also, students receive substance abuse education from Lorrie van Voorthuijsen, Prevention Specialist, from the Hanley Foundation to speak with the entire middle school population on Alcohol literacy, the effects and the brain and the body.

7: In order to ensure each student receives appropriate substance abuse education we provide an hour long intensive module covering topics including but not limited to safety, school life, and substance abuse in our social studies classrooms. Additionally, students receive substance abuse awareness training provided through a University Police Department partner which includes information including but not limited to current trends, health impacts, and prevention. Also, students receive substance abuse education from Lorrie van Voorthuijsen, Prevention Specialist, from the Hanley Foundation to speak with the entire middle school population on Alcohol literacy, the effects and the brain and the body.

8: In order to ensure each student receives appropriate substance abuse education we provide an hour long intensive module covering topics including but not limited to safety, school life, and substance abuse in our social studies classrooms. Additionally, students receive substance abuse awareness training provided through a University Police Department partner which includes information including but not limited to current trends, health impacts, and prevention. Also, students receive substance abuse education from Lorrie van Voorthuijsen, Prevention Specialist, from the Hanley Foundation to speak with the entire middle school population on Alcohol literacy, the effects and the brain and the body.

9: In order to ensure each student receives appropriate substance abuse education we provide an hour long intensive module covering topics including but not limited to safety, school life, and substance abuse in our social studies classrooms. Additionally, students receive substance abuse awareness training provided through a University Police Department partner which includes information including but not limited to current trends, health impacts, and prevention.

Students enrolled in HOPE courses in grades 9-12 receive education in substance abuse prevention as a component of the HOPE course curriculum.

10: In order to ensure each student receives appropriate substance abuse education we provide an hour long intensive module covering topics including but not limited to safety, school life, and substance abuse in our social studies classrooms. Additionally, students receive substance abuse awareness training provided through a University Police Department partner which includes information including but not limited to current trends, health impacts, and prevention.

Students enrolled in HOPE courses in grades 9-12 receive education in substance abuse prevention as a component of the HOPE course curriculum.

Substance Use and Abuse Health Education Implementation Plan



11: In order to ensure each student receives appropriate substance abuse education we provide an hour long intensive module covering topics including but not limited to safety, school life, and substance abuse in our social studies classrooms. Additionally, students receive substance abuse awareness training provided through a University Police Department partner which includes information including but not limited to current trends, health impacts, and prevention.

Students enrolled in HOPE courses in grades 9-12 receive education in substance abuse prevention as a component of the HOPE course curriculum.

12: In order to ensure each student receives appropriate substance abuse education we provide an hour long intensive module covering topics including but not limited to safety, school life, and substance abuse in our social studies classrooms. Additionally, students receive substance abuse awareness training provided through a University Police Department partner which includes information including but not limited to current trends, health impacts, and prevention.

Students enrolled in HOPE courses in grades 9-12 receive education in substance abuse prevention as a component of the HOPE course curriculum.

Please describe the methods for delivering the instruction for each grade level.

K: Instruction is provided during our regularly scheduled physical education course curriculum. Students are engaged in developmentally appropriate discussions, tasks, and activities in order to develop awareness and support prevention.

1: Instruction is provided during our regularly scheduled physical education course curriculum. Students are engaged in developmentally appropriate discussions, tasks, and activities in order to develop awareness and support prevention.

2: Instruction is provided during our regularly scheduled physical education course curriculum. Students are engaged in developmentally appropriate discussions, tasks, and activities in order to develop awareness and support prevention. Also, instruction in substance abuse prevention is provided in a face to face context through the RADKids program. A certified Florida Educator in partnership with University Police officers implement the instruction. Students engage in discussions, activities, and even have a presentation day at the end of the program where families are invited to participate in the student's graduation from the program.

3: Instruction is provided during our regularly scheduled physical education course curriculum. Students are engaged in developmentally appropriate discussions, tasks, and activities in order to develop awareness and support prevention.

4: Instruction is provided during our regularly scheduled physical education course curriculum. Students are engaged in developmentally appropriate discussions, tasks, and activities in order to develop awareness and support prevention.

Substance Use and Abuse Health Education Implementation Plan



5: Instruction is provided during our regularly scheduled physical education course curriculum. Students are engaged in developmentally appropriate discussions, tasks, and activities in order to develop awareness and support prevention.

6: Instruction is provided through direct instruction lesson supported with appropriate visuals to develop awareness and understanding and includes discussion and facilitation of questions.

7: Instruction is provided through direct instruction lesson supported with appropriate visuals to develop awareness and understanding and includes discussion and facilitation of questions.

8: Instruction is provided through direct instruction lesson supported with appropriate visuals to develop awareness and understanding and includes discussion and facilitation of questions.

9: Instruction is provided through direct instruction lesson supported with appropriate visuals to develop awareness and understanding and includes discussion and facilitation of questions.

10: Instruction is provided through direct instruction lesson supported with appropriate visuals to develop awareness and understanding and includes discussion and facilitation of questions.

11: Instruction is provided through direct instruction lesson supported with appropriate visuals to develop awareness and understanding and includes discussion and facilitation of questions.

12: Instruction is provided through direct instruction lesson supported with appropriate visuals to develop awareness and understanding and includes discussion and facilitation of questions.

Please describe the materials and resources that will be utilized to deliver the instruction for each grade level.

K: Including but not limited to teacher designed lessons and Kindergarten Treasures from Teachers Pay Teachers Program. Topics include:

- Identifying household items that are safe or not safe
- Discussing who can give you medicine and who cannot give you medicine
- Learning to “Just Say No” , when offered illegal and dangerous drugs or substances that are harmful to their bodies by friends or strangers
- Learning other strategies of staying away from someone offering you a harmful substance (walking away, ignoring the person, giving an excuse to leave and telling an adult . Practicing these strategies through role play.

1: Including but not limited to teacher designed lessons and lessons from Teachers Pay Teachers Program. Topics include:

- Identifying household items that are safe and not safe
- Using pictures to show if an adult /friend is doing something that is harmful or helpful
- Learning who can give you medicine
- Learning to “Just Say No,” when offered illegal and dangerous substances by friends or strangers

Substance Use and Abuse Health Education Implementation Plan



2: Including but not limited to teacher designed lessons, lessons from Teachers Pay Teachers Program, and the RADKids program. Topics include:

- Learning how taking illegal or harmful drugs, not prescribed by a doctor can damage our bod
- Learning to never take an unknown substance offered to you by a friend / stranger
- Learning to only take prescribed medication by a trusted adult and give some examples of who these adults may be
- Learning about the dangers of smoking and tobacco use
- Teach the students that all prescribed medicine has labels which warns you about its misuse, ingredients, dosage amounts to take, depending on age and body weight, as well as how it may make you feel
- Learning to “Just Say No” if offered dangerous substances, medicine or drugs from friends/strangers
- Role play and learn ways to avoid someone offering dangerous and illegal harmful substances to you

3: Including but not limited to teacher designed lessons and lessons from Teachers Pay Teachers Program. Topics include:

- Defining what is substance abuse and why using illegal or harmful substances is dangerous for your body
- Understanding the meaning of unknown words, illegal, medications and addicted
- Learning that all prescribed medicine has labels which warn you about its misuse, ingredients, dosage amounts to take, depending on age and body weight, as well as how it may make you feel.
- Learning that medication should Never be shared and only given by a trusted adult
- Learning to “Just Say No” , if given drugs or harmful substances by a friend or stranger

4: Including but not limited to teacher designed lessons and lessons from Teachers Pay Teachers Program. Topics include:

- Learning about the immediate, short-term and long –term consequences of any substance use
- Effects of illegal Drug Use on kids and teens (emotional problems, behavioral problems, addiction and dependence, learning problems, diseases, brain damage, car accidents, risky sex
- Learning how the media influence teens/kids to use alcohol, and prescription drugs
- Discuss /Learn 10 ways to avoid situations when confronted to use drugs or other harmful substances (humor, say no, change the subject, turn the tables , state a reason , excuse or a fact, ignore, unity in numbers, avoid the situation, walk away, confide in family or a friend)
- Learning how to cope with living with someone or being a friend with someone who has problems with alcohol or drugs
- Learning how to confront a friend / person with a problem
- Learning not to cover up for a person with a problem
- Learning how to take care of yourself , by telling someone

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Substance Use and Abuse Health Education Implementation Plan



-Learning how to cope with living with someone or being a friend with someone who has problems with alcohol or drugs

-Learning how to confront a friend / person with a problem

-Learning not to cover up for a person with a problem

-Learning how to take care of yourself , by telling someone

6: Including but not limited to teacher designed lessons, visuals, readings, and discussion prompts.

Additionally, our University Police Partner does a presentation about juuling for our middle school students.

Lorrie van Voorthuijsen, Prevention Specialist, from the Hanley Foundation, speaks with the entire middle school population on Alcohol literacy, the effects on the brain and the body with

<https://hanleyfoundation.org/>

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9: Students enrolled in HOPE use: Corbin, C., Masurier, G. & McConnell, K. Fitness For Life, 6th edition.

They also use Holt, Rinehart, and Winston Lifetime Health, Harcourt Education. There is also teacher designed lessons, visuals, readings, and discussion prompts.

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