Mental and Emotional Health Education
Implementation Plan

Select the specific subject area(s) of the courses in which instruction will be delivered:

☐ Art – Visual Arts
☐ Computer Education
☐ Dance
☐ Drama – Theatre Arts
☒ English/Language Arts
☐ Experimental Education
☐ Health Education
☐ Library Media
☐ Mathematics
☐ Music Education
☐ Peer Counseling
☐ Physical Education
☐ Research/Critical Thinking
☐ Science
☒ Social Studies
☐ World Languages
☐ Other

Select the qualification(s) of the instructors for the above courses:

☒ Florida Certified Teacher
☐ Community-based Expert
☐ School Nurse
☐ School Counselor
☐ School Psychologist
☐ Other

Please explain the rationale for delivering the instruction in the courses selected above for each grade level.

6: In order to ensure all students at the grade level are provided appropriately allocated, time, resources and instruction, P.K. Yonge has designated two core courses, social studies and English Language Arts, through which the required Mental and Emotional health education will be provided. By implementing in two core courses we are limiting the impact on instructional time in any single course.

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Please describe the methods for delivering the instruction for each grade level.

6: Students will receive instruction delivered via virtual coursework and materials in the APEX learning management system. This virtual course will be supported by on campus facilitation from the P.K. Yonge school counseling team and certified Florida educators.

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Please describe the materials and resources that will be utilized to deliver the instruction for each grade level.
6: Students will receive instruction delivered via virtual coursework and materials in the APEX learning management system. This virtual course will be supported by on campus facilitation from the P.K. Yonge school counseling team and certified Florida educators. The coursework sequence is:

Introduction to Health
- What Is Health?
- Taking Control of your Health Your Mental and Emotional Health
- Stress Management and Self-Esteem
- Influences on Mental and Emotional Health
- Your Mental and Emotional Health (Practice)

Suicide and Violence Prevention
- Suicide
- Violence and Gang Involvement Communication Skills

• Violence and Gang Involvement Communication Skills
- Assessing Your Mental and Emotional Health Journal
- Communication Strategies
- Project: Practicing Refusal, Collaboration, & Conflict Resolution

Wrap Up: Mental and Emotional Health
- Review: Mental and Emotional Health
- Test: Mental and Emotional Health

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