

Mental and Emotional Health Education Implementation Plan



State Board of Education Rule:	6A-1.094121 Mental and Emotional Health Education
Name of the School District	UF Lab/P.K. Yonge DRS
Superintendent of the School District	Lynda F. Hayes, Director
Implementation Period: (MM/YY – MM/YY)	08/2019 – 06/2020
Submission Date to the Commissioner	On 12/1/19 sent to MentalHealthEducation@fldoe.org
Direct URL to the Implementation Plan as posted on the school district website	https://pk Yonge.ufl.edu/wp-content/uploads/2019/11/MentalEmotional_PKYonge_1920.pdf
School District Contact(s) for this Plan <i>(name and email address)</i>	Ashley Pennypacker Hill

Select the specific subject area(s) of the courses in which instruction will be delivered:			
<input type="checkbox"/> Art – Visual Arts	<input type="checkbox"/> Experimental Education	<input type="checkbox"/> Peer Counseling	<input type="checkbox"/> World Languages
<input type="checkbox"/> Computer Education	<input type="checkbox"/> Health Education	<input type="checkbox"/> Physical Education	<input checked="" type="checkbox"/> Other
<input type="checkbox"/> Dance	<input type="checkbox"/> Library Media	<input type="checkbox"/> Research/Critical Thinking	
<input type="checkbox"/> Drama – Theatre Arts	<input type="checkbox"/> Mathematics	<input type="checkbox"/> Science	
<input checked="" type="checkbox"/> English/Language Arts	<input type="checkbox"/> Music Education	<input checked="" type="checkbox"/> Social Studies	
Select the qualification(s) of the instructors for the above courses:			
<input checked="" type="checkbox"/> Florida Certified Teacher			
<input type="checkbox"/> Community-based Expert			
<input type="checkbox"/> School Nurse			
<input type="checkbox"/> School Counselor			
<input type="checkbox"/> School Psychologist			
<input type="checkbox"/> Other			
Please explain the rationale for delivering the instruction in the courses selected above for each grade level.			
<p>6: In order to ensure all students at the grade level are provided appropriately allocated, time, resources and instruction, P.K. Yonge has designated two core courses, social studies and English Language Arts, through which the required Mental and Emotional health education will be provided. By implementing in two core courses we are limiting the impact on instructional time in any single course.</p> <p>7: In order to ensure all students at the grade level are provided appropriately allocated, time, resources and instruction, P.K. Yonge has designated two core courses, social studies and English Language Arts, through which the required Mental and Emotional health education will be provided. By implementing in two core courses we are limiting the impact on instructional time in any single course.</p> <p>8: In order to ensure all students at the grade level are provided appropriately allocated, time, resources and instruction, P.K. Yonge has designated two core courses, social studies and English Language Arts, through which the required Mental and Emotional health education will be provided. By implementing in two core courses we are limiting the impact on instructional time in any single course.</p> <p>9: In order to ensure all students at the grade level are provided appropriately allocated, time, resources and instruction, P.K. Yonge has designated two core courses, social studies and English Language Arts, through which the required Mental and Emotional health education will be provided. By implementing in two core courses we are limiting the impact on instructional time in any single course.</p>			

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Please describe the methods for delivering the instruction for each grade level.

6: Students will receive instruction delivered via virtual coursework and materials in the APEX learning management system. This virtual course will be supported by on campus facilitation from the P.K. Yonge school counseling team and certified Florida educators.

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Please describe the materials and resources that will be utilized to deliver the instruction for each grade level.

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Introduction to Health

- What Is Health?
- Taking Control of your Health Your Mental and Emotional Health
- Stress Management and Self-Esteem
- Influences on Mental and Emotional Health
- Your Mental and Emotional Health (Practice) Suicide and Violence Prevention • Suicide
- Violence and Gang Involvement Communication Skills
 - Assessing Your Mental and Emotional Health Journal
 - Communication Strategies
 - Project: Practicing Refusal, Collaboration, & Conflict Resolution Wrap Up: Mental and Emotional Health
- Review: Mental and Emotional Health
- Test: Mental and Emotional Health

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